

KES Grab & Go Breakfast Menu

(see next page for KMS & KHS Breakfast Menu)
Cost \$1.50 / Reduced \$.30

MONDAY

WG Powdered Sugar Donut or Mini Bagel
Assorted Fruit Cup/Fruit Juices/Fresh Fruit
Lowfat Milk



TUESDAY

Hot Minni Cinni's or Cereal Kit
Assorted Fruit Cup/Fruit Juices/Fresh Fruit
Lowfat Milk



WEDNESDAY

WG Powdered Sugar Donut or Frosted Flakes Cereal Kit
Assorted Fruit Cup/Fruit Juices/Fresh Fruit
Lowfat Milk



THURSDAY

Pillsbury Pancakes or Assorted Cereals
Assorted Fruit Cup/Fruit Juices/Fresh Fruit
Lowfat Milk



FRIDAY

Whole Grain Chocolate Donuts or
Assorted Cereal Kits
Assorted Fruit Cup/Fruit Juices/Fresh Fruit Lowfat Milk



State breakfast requirements are:

1 bread and 1 meat/meat alternate or 2 breads

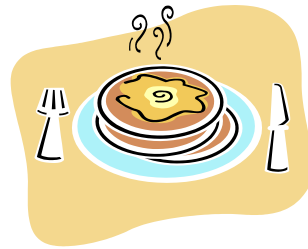
A cup of fruit is offered with each breakfast; a ½ cup must be taken to qualify for a breakfast.

**This institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.*

KMS & KHS Grab & Go Breakfast Menu

Cost \$1.50 / Reduced \$.30

**KMS & KHS breakfast is available daily
and includes the following items:**



- Assorted Cereal
- Pancake Wrap
- Mini Maple Pancake
- Mini Cinni's
- WG Powdered Sugar Donut
- WG Chocolate Donut
- Breakfast Bagel
- Banana and Berry Bread
- Cinnamon Bun
- Sausage Breakfast Sandwich
- Assorted Fruit Cup/Fruit Juices/or
Fresh Fruit
- Lowfat Milk

State breakfast requirements are:

1 bread and 1 meat/meat alternate or 2 breads

A cup of fruit is offered with each breakfast; a ½ cup must be taken to qualify for a breakfast.